

Daily Dough

**The Game
That Cranks Up
Your Money-Makin' Vibe**

MasterPeace
COACHING



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If you want to become an entrepreneur who makes 5k, 10k, 30k, or 100k a month... you've got to make it a daily focus to BE the person who sees it as their normal. These prompts are to be filled out fresh each day to help you step into the big money-making version of yourself.

But ya gotta play to win.

For best results:

- ✓ **Assume this daily play is working.**
- ✓ **If your results don't change over the first couple of weeks... keep playing!** Entrepreneurs who make the most money focus on the long game. You're making major changes with this daily game, and momentum is happening whether you see instant results or not.
- ✓ **Calm yourself before playing.** Take some deep breaths, journal, or go for a walk so that you feel connected to your heart. You want to be able to access your Inner Guidance (aka Inner Business Expert, Inner Money Maker, Highest Self, Inner Badass, God, Universe, or whatever you believe to be your connection to infinite peace and wisdom).
- ✓ **Trust that whatever you write is perfect.** There are no right or wrong answers. Nothing is too "out there." You can write one word or paragraphs... whatever feels right and true to you.



Before you play Daily Dough for the first time, I'm going to walk you through what to do in each step and a real example of how I filled it out the first time I played. This game works optimally when done in conjunction with the **10k in 10 Days program**.

1. I'm stoked to attract an extra \$_____ this month!

Directions: Put in whatever number would increase your income to above and beyond what you need and at the same time feels good. This number is extra income beyond what you already know is coming.

You don't have to believe that you'll attract that amount in this moment. Playing the game daily will help you with that. Over time you will begin knowing that it's going to be no problem.

My answer: \$100k

2. I get to easily experience this because...

Directions: Specify, from the perspective of your Inner Money Maker, why you get to have what you want. This is not about justifying why. Just state whatever comes to mind as a powerful fact.

My answer: *I decided it's what I want. I'm a badass at making money. I'm clear what the money is going to do for me and my business. The Universe always delivers what I want.*

3. The best way for me to get into my highest money-making vibe today is...

Directions: Write down whatever comes to mind. It may be an action or it may be a certain perspective or belief you need to adopt. Do your best to trust whatever you write.

My answer: *Affirm all day that I've had my biggest money-makin' month evahhhh! Have fun with it and say it aloud until I feel like a badass.*



4. If I knew I couldn't fail (because I won't), what would I give myself full permission to do today?

Directions: Answer from your heart without overthinking. It may be an action or a belief to adopt.

My answer: *Not give a rip about current income.*

5. Is there any belief or circumstance getting in the way of me sinking fully into my money-making self today?

Directions: Feel into the truth on this one. Get real. Be vulnerable. No more hiding it. Let's deal with it.

My answer: *Comparing myself to others. Thinking I should be farther ahead than I am.*

6. What does my money-making self and my higher self (they are one and the same, of course!) say about my answer above?

Directions: Go with whatever comes up... even if you feel like you're making up what your money-making self would say.

My answer: *Appreciate all that you have and all that is coming. Other people's journeys have zero to do with you. Congratulate yourself on all that you've created up to this point. Stay focused on your current abundance... knowing it's growing every day whether you see it or not.*

7. I'm excited to attract a big heap of moola because....

Directions: This is where you get to connect to how you'll use your money. You get to spend it on whatever brings you joy. You may write the same thing every day or something totally different. Imagine receiving new money every day... fun! Write it in present or past tense!

My answer: *I'm super stoked that I just paid for another year of 1:1 coaching with Kat. I'm beefing up my business savings, and I put the rest in savings for a down pay on my lake house.*

That was fun! Now it's your turn. ;-)



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5. Is there any belief or circumstance getting in the way of me sinking fully into my money-making self today?

6. What does my money-making self and my higher self (they are one and the same, of course!) say about my answer above?

7. I'm excited to attract a big heap of moola because...

Now I can relax into knowing that I'm a money-making rock star because I've decided I am. I trust that when I tune into my Inner Guidance, I always win. Today, I choose to know all is well, and so it is!

I'm Jeanna, Master Business Coach and Chief Rabble Rouser of MasterPeace Coaching. After 20+ years of liberating business owners from the curse of "not enough" and the myth of "hard work pays off," I know, without question, you can make massive amounts of money and impact millions (even if you've been struggling for years) if you're willing to flip the switch in your thinking, chuck the old-school rules in the toilet, and stay true to what lights you up and turns you on.

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